Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: HOZT

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Melis Tom

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 34: 100M BACKSTROKE WOMEN 11-12 Heat:7, starttime: 15:15

Heat: 7/11 Lane : 1 Athlete: VAN DIJCK LOTTE **Q-time: 01:28:16**

PB (25m pool): 01:28.16 Nijlen 18/10/2026 **PB (50m pool):** 01:28.13 **SB:** 01:28.16 Nijlen 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:43.89		01:28.16	
		00:43.89		*00:44.27*	
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Coach feedback: